

KZK laatste kans: Session: 2: COACH evaluation sheet for TEAM: MEGA

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ 13:45 The listed starttimes are indicative!

Coaches: Willems Arno HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 5: 200M BUTTERFLY MEN 11+					Heat:2, starttime: 14:09
Heat: 2/2 Lane : 3 Athlete: LAFAUT JEROME					Q-time: 02:40:38
PB (50m pool): 02:40.38 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 02:43.52 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.01	01:15.75	01:58.50	02:40.38	
	00:35.01	00:40.74	00:42.75	00:41.88	
					

Coach feedback:

Event number: 8: 200M BACKSTROKE MEN 11+					Heat:3, starttime: 14:54
Heat: 3/7 Lane : 7 Athlete: BOGAERTS SANDER					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 03:00.76 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 8: 200M BACKSTROKE MEN 11+					Heat:6, starttime: 15:07
Heat: 6/7 Lane : 1 Athlete: HUENS WARRE					Q-time: 02:39:27
PB (50m pool): 02:39.27 Antwerpen 13/07/2025 PB (25m pool): 02:31.31 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.01	01:17.03	01:57.91	02:39.27	
	00:37.01	00:40.02	00:40.88	00:41.36	
					

Coach feedback:

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Event number: 8: 200M BACKSTROKE MEN 11+					Heat:6, starttime: 15:07
Heat: 6/7 Lane : 5 Athlete: AMELOOT LOUIZ					Q-time: 02:28:01
PB (50m pool): 02:28.01 Antwerpen 27/07/2025					PB (25m pool): 02:26.39 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.78	01:12.78	01:51.07	02:28.01	
	00:34.78	00:38.00	00:38.29	00:36.94	
					

Coach feedback:

Event number: 8: 200M BACKSTROKE MEN 11+					Heat:7, starttime: 15:11
Heat: 7/7 Lane : 5 Athlete: VAN DEURSEN SIEBE					Q-time: 02:18:11
PB (50m pool): 02:18.11 Antwerpen 27/07/2025					PB (25m pool): 02:13.27 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.69	01:06.07	01:42.44	02:18.11	
	00:31.69	00:34.38	00:36.37	00:35.67	
					

Coach feedback:

Event number: 9: 200M BREASTSTROKE WOMEN 11+					Heat:3, starttime: 15:23
Heat: 3/4 Lane : 7 Athlete: CLAEYS ELISE					Q-time: 03:18:29
PB (50m pool): 03:18.29 Antwerpen 13/07/2025					PB (25m pool): 03:16.07 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:46.42	01:37.45	02:28.33	03:18.29	
	00:46.42	00:51.03	00:50.88	00:49.96	
					

Coach feedback:

Event number: 10: 200M BREASTSTROKE MEN 11+					Heat:1, starttime: 15:31
Heat: 1/4 Lane : 5 Athlete: MEERT JOLAN					Q-time: 99:99:99
PB (50m pool): no time					PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

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Event number: 10: 200M BREASTSTROKE MEN 11+					Heat:2, starttime: 15:35
Heat: 2/4 Lane : 7 Athlete: TURPIJN JULES					Q-time: 03:29:77
PB (50m pool): 03:29.77 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 03:19.20 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:48.05	01:42.04	02:38.01	03:29.77	
	00:48.05	00:53.99	00:55.97	00:51.76	
					

Coach feedback:

Event number: 10: 200M BREASTSTROKE MEN 11+					Heat:3, starttime: 15:39
Heat: 3/4 Lane : 3 Athlete: DE BAL SUIJS MAURO					Q-time: 03:04:99
PB (50m pool): 03:04.99 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 02:50.07 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:40.73	01:27.99	02:16.34	03:04.99	
	00:40.73	00:47.26	00:48.35	00:48.65	
					

Coach feedback:

Event number: 10: 200M BREASTSTROKE MEN 11+					Heat:4, starttime: 15:43
Heat: 4/4 Lane : 2 Athlete: BOGAERTS THIJS					Q-time: 02:54:13
PB (50m pool): 02:54.13 Eindhoven 24/03/2024 PB (25m pool): 02:49.52 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:54.13	
	no time				
					

Coach feedback:

Event number: 10: 200M BREASTSTROKE MEN 11+					Heat:4, starttime: 15:43
Heat: 4/4 Lane : 3 Athlete: LAFAUT LEON					Q-time: 02:46:83
PB (50m pool): 02:46.83 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.00	01:20.43	02:03.96	02:46.83	
	00:38.00	00:42.43	00:43.53	00:42.87	
					

Coach feedback:

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Event number: 12: 200M FREESTYLE MEN 11+					Heat:3, starttime: 16:15
Heat: 3/4 Lane : 3 Athlete: HUENS WARRE					Q-time: 02:15:75
PB (50m pool): 02:15.75 Antwerpen 13/07/2025					PB (25m pool): 02:09.64 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:30.84	01:05.20	01:41.06	02:15.75	
	00:30.84	00:34.36	00:35.86	00:34.69	
					

Coach feedback:

Event number: 12: 200M FREESTYLE MEN 11+					Heat:3, starttime: 16:15
Heat: 3/4 Lane : 5 Athlete: AMELOOT LOUIZ					Q-time: 02:12:48
PB (50m pool): 02:12.48 Eindhoven 16/03/2025					PB (25m pool): 02:07.91 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:30.18	01:03.16	01:37.35	02:12.48	
	00:30.18	00:32.98	00:34.19	00:35.13	
					

Coach feedback:

Event number: 12: 200M FREESTYLE MEN 11+					Heat:4, starttime: 16:17
Heat: 4/4 Lane : 7 Athlete: LAFAUT JEROME					Q-time: 02:09:42
PB (50m pool): 02:09.42 Antwerpen 20/07/2025					PB (25m pool): 02:04.45 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:30.34	01:03.44	01:37.05	02:09.42	
	00:30.34	00:33.10	00:33.61	00:32.37	
					

Coach feedback:

Event number: 13: 200M MEDLEY WOMEN 11+					Heat:4, starttime: 16:33
Heat: 4/6 Lane : 6 Athlete: CLAEYS ELISE					Q-time: 02:58:92
PB (50m pool): 02:58.92 Zwembad Brigitte Becue 30/05/2025					PB (25m pool): 02:58.96 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:39.27	01:26.66	02:17.10	02:58.92	
	00:39.27	00:47.39	00:50.44	00:41.82	
					

Coach feedback:

KZK laatste kans: Session: 2: COACH evaluation sheet for TEAM: MEGA

Event number: 14: 200M MEDLEY MEN 11+					Heat:1, starttime: 16:43
Heat: 1/7 Lane : 4 Athlete: MEERT JOLAN					Q-time: 03:25:79
PB (50m pool): no time PB (25m pool): 03:25.79 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 14: 200M MEDLEY MEN 11+					Heat:4, starttime: 16:55
Heat: 4/7 Lane : 7 Athlete: TURPIJN JULES					Q-time: 02:56:23
PB (50m pool): 02:56.23 Antwerpen 13/07/2025 PB (25m pool): 03:00.02 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:41.87	01:27.16	02:17.81	02:56.23	
	00:41.87	00:45.29	00:50.65	00:38.42	
					

Coach feedback:

Event number: 14: 200M MEDLEY MEN 11+					Heat:5, starttime: 16:59
Heat: 5/7 Lane : 1 Athlete: DE BAL SUIJS MAURO					Q-time: 02:48:77
PB (50m pool): 02:48.77 Eindhoven 16/03/2025 PB (25m pool): 02:56.63 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.18	01:20.83	02:09.90	02:48.77	
	00:37.18	00:43.65	00:49.07	00:38.87	
					

Coach feedback:

Event number: 14: 200M MEDLEY MEN 11+					Heat:5, starttime: 16:59
Heat: 5/7 Lane : 2 Athlete: BOGAERTS SANDER					Q-time: 02:46:90
PB (50m pool): 02:46.90 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 02:42.20 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.84	01:19.41	02:08.96	02:46.90	
	00:35.84	00:43.57	00:49.55	00:37.94	
					

Coach feedback:

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Event number: 14: 200M MEDLEY MEN 11+					Heat:6, starttime: 17:02
Heat: 6/7 Lane : 3 Athlete: BOGAERTS THIJS					Q-time: 02:29:40
PB (50m pool): 02:29.40 Zwembad Brigitte Becue Oostend 10/05/2024 PB (25m pool): 02:35.07 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:29.40	
	no time				
					

Coach feedback:

Event number: 14: 200M MEDLEY MEN 11+					Heat:6, starttime: 17:02
Heat: 6/7 Lane : 4 Athlete: VAN DEURSEN SIEBE					Q-time: 02:28:07
PB (50m pool): 02:28.07 Kortrijk 26/12/2024 PB (25m pool): 02:26.23 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:30.87	01:09.01	01:56.35	02:28.07	
	00:30.87	00:38.14	00:47.34	00:31.72	
					

Coach feedback:

Event number: 14: 200M MEDLEY MEN 11+					Heat:7, starttime: 17:05
Heat: 7/7 Lane : 3 Athlete: LAFAUT LEON					Q-time: 02:22:79
PB (50m pool): 02:22.79 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 02:18.54 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:30.68	01:06.07	01:49.09	02:22.79	
	00:30.68	00:35.39	00:43.02	00:33.70	
					

Coach feedback: